ESPERANCE DE EEPT KPALIME LOM NAVA CHILD SURVIVAL INTERVENTION

AN UPDATE, FROM TOGO









12 mothers and their babies are being supported.



was born full-term.



3 women are exclusively breastfeeding their babies in the first six months.





HEALTH EDUCATION

Caregivers receive health education sessions at the centre. These caregivers are learning how to prevent and treat diarrhoea. This can be lifesaving for these babies.

HEALTH SCREENING

Babies enrolled on the Child Survival intervention receive health check-ups. Here, the doctor is examining the baby and conducting laboratory tests to rule out disease.





GROWTH MONITORING

Growth monitoring is a key activity of the Child Survival intervention. The weight and height of the babies are measured monthly to assess their growth and see if they are attaining the expected growth according to their age.

BREASTFEEDING

During this group session, the Child Survival worker is educating these caregivers on breastfeeding and providing advice and support. Mothers in the Child Survival intervention are encouraged to exclusively breastfeed their babies for the first six months. This is due to the health benefits, and the risk of contaminated water causing illness when mixed with powdered milk.





SPIRITUAL GROWTH

The Child Survival intervention organises prayer, Bible study and worship sessions at the centre. Caregivers are each given a Bible in their own language. They are encouraged to love Jesus and accept Him as their Lord and Saviour.

HYGIENE KIT

Here, the mothers are receiving their hygiene kit, which they receive quarterly. Caregivers are taught the importance of maintaining personal hygiene, the cleanliness of their children and their home environment as a measure of reducing illness and disease.





FOOD SUPPLEMENTS

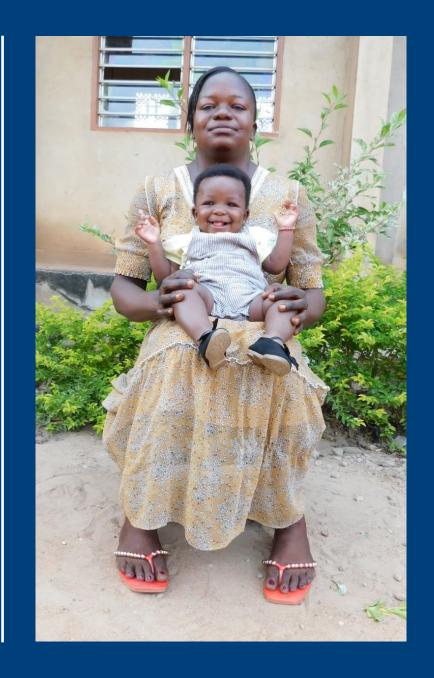
Nutritional supplements are important to both the mums' health and the babies for growth and development. Here, the mothers are sharing among themselves the monthly food kits they receive from the centre. This is helpful for mothers who are unable to buy these items regularly.

A MOTHER YOU'RE SUPPORTING

"Hello dear sponsors,

I greet you in the precious name of our Lord and Saviour Jesus Christ. My name is Afi, mother to Rose. I thank God very much for the great things He is doing in my life and that of my family. I have two children, the first a boy who belongs to another man who had ruined my life, that is why I left him to marry Tadu, the father of my daughter Rose. He is training to be a mechanic. I used to go around selling pure water. I got pregnant and our situation became much more complicated. My husband depended on his trainer to get a job. I was sick all the time because of the pregnancy and couldn't go about my business. The lack of money was our main problem, because we had to ensure my health and that of my unborn child.

I approached the Child Survival Implementer to explain my situation. She told me that there were no places available at the time I arrived, but to pray to God that a place would be available in the coming months. God, being good and doing all things good at the right time, ensured she contacted me just three days after my delivery. It was a great joy for me. That's how my daughter came to be registered. It's a grace for me to be part of this intervention because I'm learning a lot of things that are changing my life. I've really grown spiritually because I didn't know how to pray..."

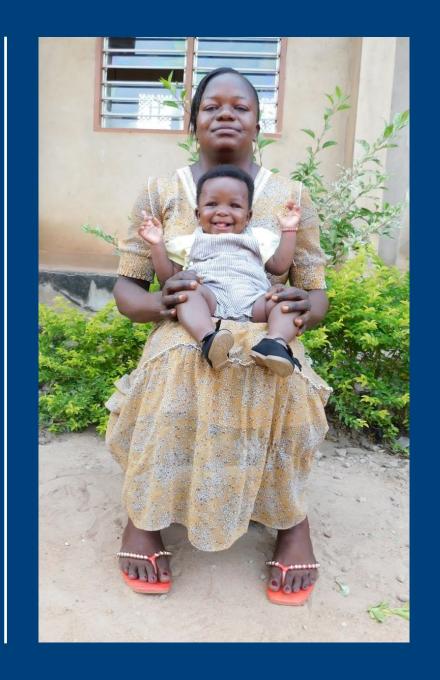


A MOTHER YOU'RE SUPPORTING

"...I didn't read the Bible either, but thanks to the biblical teachings we follow during our group activities and the encouragement of the Child Survival Implementer, I pray a lot for my family, and I intercede for my husband also to find a job. Me and my child are taken care of in terms of health. One day my child had a seizure, I ran to the Implementer who immediately sent me to the community medical centre for my little one's care. Thank God my child was cured. Back home, I got down on my knees and shouted, 'Hallelujah Glory to God and thank the Lord', because I couldn't afford to pay for my daughter's health care that day.

We are visited every month at home where we receive teachings. I am more mature on all levels. Our food is assured. I'm amazed by the teachings I receive at home and in groups; I learn a lot during these times of study and encounters. In addition to all this, the food kits we receive every month and hygiene kits every quarter help us a lot in everyday life. I also manage to do a bit of everything to be able to support ourselves financially.

I sincerely thank the donors for thinking of us and helping us through this intervention. May the Lord God Almighty bless you, keep you and protect you. May He sustain you and repay you a hundredfold for everything you spend on us. Afi."



GROUP PHOTO

These are the mothers and their babies you are supporting at Paroisse Kpalime Lom-Nava Child Development Centre. Without your support they would not have the nutritious sustenance for their babies, regular health appointments, literacy lessons or fellowship.



MAKING A DIFFERENCE

Thank you, Welcome Church, for your support. It is making a life-changing difference to the mothers and infants of Kpalime Lom Nava community.

"A society's future can be predicted by the degree to which it provides every child with a fair chance in life."

- UNICEF

If you wish to know more about the impact that has been made, please contact Tim Robertson on 07725 949407 or at TimR@compassionuk.org.



